

# November

HJ – Heart Jewel DI – Drop In Classes HDC – Half Day Course WFJ – Wishfulfilling Jewel  
 FP – Foundation Programme OSG – Offering to the Spiritual Guide MD – Melodious Drum  
 BP – Blissful Path (HYT only) QP – Quick Path (HYT only) HDJL – Hundreds of Deities of the Joyful Land (HYT only)  
 PC - Powa ceremony - special prayers to help the deceased, TH – Three Superior Heaps  
 All events are at Jangchub Ling Centre (JLC) unless otherwise noted  
 Jangchub Ling Buddhist Centre, 1A Sydney Road, Cradley Heath,  
[info@meditatejlc.org](mailto:info@meditatejlc.org) 01384 569 956

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			<b>1</b> 5pm HJ 7.30pm DI Hereford DI Cradley Heath DI Stratford	<b>2</b> 11am DI Cradley Heath 1pm DI Ludlow 6pm 'Simply Meditate' 7.30pm HJ	<b>3</b> <b>10am to 1pm Half Day Course at JLC – 'How to Care for Others While Remaining Safe and Healthy'</b> <b>10am to 1pm Half Day Course in Bewdley – 'Making Meditation Simple'</b> 7.30pm HJ	<b>4</b> 7am QP 10am DI Cradley Heath 2pm HJ 7.30pm DI Cradley Heath
<b>5</b> 1pm DI Worcester Daytime 5pm HJ 7.30pm DI Bewdley, DI Stourbridge, DI Worcester Evening	<b>6</b> 1pm DI Cradley Heath 6.15pm HJ 7pm FP	<b>7</b> 1pm DI Stourbridge Afternoon 4.30pm HJ 6pm 'Simply Meditate' 7.30pm Wednesday Evening DI	<b>8</b> 5pm HJ 7.30pm DI Hereford DI Cradley Heath DI Stratford	<b>9</b> 11am DI Cradley Heath 1pm DI Ludlow 6pm 'Simply Meditate' 7.30pm WFJ with tsog offering	<b>10</b> 8am HDJL 11am OSG 7.30pm HJ	<b>11</b> 7am QP <b>10am to 1pm Half Day Course at JLC – 'How to Care for Others While Remaining Safe and Healthy'</b> 5pm HJ
<b>12</b> 7.30pm HJ	<b>13</b> 6.15pm HJ 7pm FP	<b>14</b> 7.30pm WFJ with tsog offering	<b>15</b> 5pm HJ 7.30pm Powa Ceremony	<b>16 Weekend Course (WC)</b> 8am HJ <b>10am to 4pm Centre Cherishing Day</b> <b>7.30pm WC Teaching I</b>	<b>17 Weekend Course (WC)</b> <b>10am WC Empowerment</b> <b>1.15pm WC Teaching II</b> <b>3.15pm Medicine Buddha Prayers</b> 7.30pm HJ	<b>18 Weekend Course (WC)</b> 7am QP <b>10am WC Teaching III</b> <b>12pm WC Meditation</b> 5pm HJ 7.30pm DI Cradley Heath
<b>19</b> 1pm DI Worcester Daytime 5pm HJ 7.30pm DI Bewdley, DI Stourbridge, DI Worcester Evening	<b>20</b> 1pm DI Cradley Heath 6.15pm HJ 7pm FP	<b>21</b> 1pm DI Stourbridge Afternoon 4.30pm HJ 6pm 'Simply Meditate' 7.30pm Wednesday Evening DI	<b>22</b> 5pm HJ 7.30pm DI Hereford DI Cradley Heath DI Stratford	<b>23</b> 11am DI Cradley Heath 1pm DI Ludlow 2.30pm WFJ with tsog offering 6pm 'Simply Meditate' 7.30pm Tantra Class	<b>24</b> 7.30am HDJL <b>Retreat – sessions at 9am, 11.30am, 2pm and 4.30pm</b> 7.30pm HJ	<b>25</b> 7am QP 10am DI Cradley Heath 2pm OSG 6pm HJ 7.30pm DI Cradley Heath
<b>26</b> 1pm DI Worcester Daytime 5pm HJ 7.30pm DI Bewdley, DI Stourbridge, DI Worcester Evening	<b>27</b> 1pm DI Cradley Heath 6.15pm HJ 7pm FP	<b>28</b> 1pm DI Stourbridge Afternoon 4.30pm HJ 6pm 'Simply Meditate' 7.30pm Wednesday Evening DI	<b>29</b> 1pm MD 7.30pm DI Hereford DI Cradley Heath DI Stratford	<b>30 Gen-la Dekyong Course at Manjushri (to 2<sup>nd</sup> Dec)</b> 9am HJ 11am DI Cradley Heath 1pm DI Ludlow 6pm 'Simply Meditate'		